



Silicon Valley Speedster ULTRA CLASSIC

"AMERICA'S FASTEST 50K"

NOVEMBER 2, 2002 - STANFORD UNIVERSITY - PALO ALTO, CALIFORNIA

When: Saturday, November 2, 2002. 6:00 am start.

USATF Certified & Sanctioned 50K

Where: Stanford University Stadium, Stanford, California. Enter at Gate 1. The course circumnavigates Stanford University's football stadium (home of Superbowl XIX) and is in the shadow of the legendary Cobb Field - home to the 2002 National Track and Field Championships, the American men (Meb Keflezighi) and women's (Deena Drossin) 10k track records, and home of the Stanford NCAA championship track & field and cross-country teams.

Course: The USATF certified 50K race course consists of a 1 kilometer loop repeated fifty times. The course is paved and is mostly shaded by oak trees. Because the course is within a fenced area, there will be no cross-traffic. With the exception of one eight inch tall mound, the course is totally flat. *This event has been engineered to be the fastest 50k that you will ever run. The event conforms to official national record setting regulations and is sanctioned by the USATF.*

Historical weather: Over the last eight years there has been no rainfall on this date. The average low has been 48 degrees (with a range from 41 to 55 degrees).

Splits: Every lap. Splits will be recorded every lap for every racer.

Aid Stations & Time Limits: Aid is available every lap. Gatorade and water will be provided. Additionally, if requested on the entry form, the racer will be individually paired with a volunteer who will provide encouragement and the racer's own self-provided food and drink according to their individually requested disbursement schedule. Post race nourishment will be provided. A four and a half hour race cut-off time will be enforced.

Video: The race will be videotaped. Copies will be available for purchase.

Photos: There will be a professional photographer. Pictures will be available for purchase.

Awards: Nominal prizes will be awarded.

Times To Beat: The official American men's record is 3:00:00 and the women's record is 3:13:51. For the records listings visit: www.usaldr.org, click on 'records/rankings', then 'U.S. Road Racing Records.'

Logding: Sheraton Palo Alto, (650 328-2800), 625 El Camino Real, Palo Alto. A very nice hotel within walking distance of the race.



The Silicon Valley Speedster Ultra Classic - November 2, 2002 - USATF Certified & Sanctioned 50K 2002 Entry Form

Last Name: _____ First Name: _____

Street Address: _____ City: _____ State: _____ Zip: _____

Phone: (____) _____ Sex: M F Birthday: _____ Age on race day: _____

I'd like to be individually paired with a race volunteer (I will not be bringing my own support)

Your Top Distance Performances To-Date: 1. _____ 2. _____

Waiver, Liability, and Publicity Release: I know that running a road race is a potentially dangerous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. Race officials retain the explicit right to pull an entrant from the race should they deem it medically necessary. I assume the risks associated with running in this event including but not limited to: falls, contact with other participants, the effects of weather, including heat or humidity, traffic, and the conditions of the roads. All such risks are known and appreciated by me. I am aware that the medical support for this event may be volunteers who might administer first aid in my assistance. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act in my behalf, waive and release the race and its organizers, their sponsors, Stanford University, officials, volunteers, their representatives and successors, from all claims of liabilities of any kind arising out of my participation of this event, though liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all foregoing to use any photograph, motion pictures, recordings, or any other record of this event for any legitimate purpose. I understand that skates, skateboards, baby joggers, and animals are not allowed in this race and I will abide by this guideline.

Signed: _____ Date: _____

Make check (\$85) payable to Alex Tilson and mail to: Alex Tilson, 143 Loma Vista Drive, Burlingame, CA 94010.
Entries must be postmarked by October 21, 2002. No race-day entries.

For more information contact race organizer Alex Tilson at (650) 347-1576 or email: atilson@mba1999.hbs.edu